

# Hjort Chiropractic Patient History and Registration

## Demographics:

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address \_\_\_\_\_ Apt # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sex: F \_\_\_\_\_ M \_\_\_\_\_ Age: \_\_\_\_\_ Birth date: \_\_\_\_\_ Height: Feet \_\_\_\_\_ Inches \_\_\_\_\_ Weight: \_\_\_\_\_

Phone Numbers: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

In Case of Emergency, Contact: Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Contact Number: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Ext: \_\_\_\_\_ Cell \_\_\_\_\_

**Referred By:**  Yellow Pages  Location  Internet Search  Facebook  You Tube

Personal Referral : \_\_\_\_\_  Professional Referral: \_\_\_\_\_

Other: \_\_\_\_\_  Insurance Provider Directory  Dr. Undersander

If you would like to receive our informational newsletter, please provide your email address: \_\_\_\_\_

Preferred Language: \_\_\_\_\_ Race: \_\_\_\_\_ American Indian or Alaska Native \_\_\_\_\_ Asian

Ethnicity: \_\_\_\_\_ Hispanic or Latino \_\_\_\_\_ White \_\_\_\_\_ Native Hawaiian or Other Pacific Islander

\_\_\_\_\_ Not Hispanic or Latino \_\_\_\_\_ Black or African American \_\_\_\_\_ Other: \_\_\_\_\_

Are you pregnant: No \_\_\_\_\_ Yes \_\_\_\_\_ Due Date: \_\_\_\_\_

## Current Complaint:

**Reason for visit:** \_\_\_\_\_

Have you had this problem in the past?  N  Y Have you had any treatment for this condition?  N  Y

If **YES** what kind of treatment, when and did it help? \_\_\_\_\_

When did symptoms begin? \_\_\_\_\_ Are the symptoms getting:  Better  Worse  Same

Rate your condition on a 0 to 10 scale: (0 feeling perfect to 10 being unbearable) \_\_\_\_\_

Rate how your daily living activities are affected on a 0 to 10 scale: (0 not at all to 10 being bedridden) \_\_\_\_\_

What are the intensity of your symptoms?  Mild  Moderate  Severe  Unbearable

What are the nature of your symptoms?  Burning  Dull Ache  Numb  Radiating  Sharp

Shooting  Stabbing  Tightness  Tingling  Throbbing

What makes your condition better?  Acupuncture  Chiropractic  Heat  Ice  Massage  Nothing

Pain Medications  Physical Therapy  Sleep/Rest  Stretching  Other \_\_\_\_\_

What makes your condition worse? \_\_\_\_\_

What are your expectations for care here?  Become Pain Free  Explanation of my Condition  Learn How

to Care for this Condition on my Own  Reduce Symptoms  Resume Normal Activity  Other \_\_\_\_\_

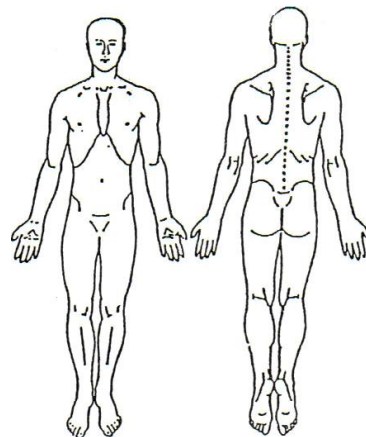
What are your frequency of symptoms?  Constant (76-100% of the day)  Frequent (51-75% of the day)

Occasional (26-50% of the day)  Intermittent (1-25% of the day)

Do you have a relevant family history of this condition? N \_\_\_\_\_ Y \_\_\_\_\_ If **YES** explain: \_\_\_\_\_

Mark an "X" on the picture where you have pain

And "/" where you have tingling and numbness:



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# Hjort Chiropractic

## Health History:

Please mark any of the following **surgeries** that you have had:

- |   |  |                                      |   |   |
|---|--|--------------------------------------|---|---|
| <input type="checkbox"/> Appendix         | <input type="checkbox"/> Ankle         | <input type="checkbox"/> Back        | <input type="checkbox"/> Brain            | <input type="checkbox"/> Breast Augmentation      |
| <input type="checkbox"/> Breast Reduction | <input type="checkbox"/> Carpal Tunnel | <input type="checkbox"/> Chest       | <input type="checkbox"/> Disc             | <input type="checkbox"/> Eyes, Ears, Nose, Throat |
| <input type="checkbox"/> Elbow            | <input type="checkbox"/> Foot          | <input type="checkbox"/> Gallbladder | <input type="checkbox"/> Gastrointestinal | <input type="checkbox"/> Gynecological            |
| <input type="checkbox"/> Heart            | <input type="checkbox"/> Hernia        | <input type="checkbox"/> Hip         | <input type="checkbox"/> Hip Replacement  | <input type="checkbox"/> Knee                     |
| <input type="checkbox"/> Knee Replacement | <input type="checkbox"/> Kidney        | <input type="checkbox"/> Neck        | <input type="checkbox"/> Obstetrical      | <input type="checkbox"/> Shoulder                 |
| <input type="checkbox"/> Skin             | <input type="checkbox"/> Wrist/Hand    | <input type="checkbox"/> Other _____ |   |   |

## Review of Systems:

Please mark any of the following **problems** that you have had:

- |   |  |  |  |   |
|---|--|--|--|---|
| <input type="checkbox"/> Anemia               | <input type="checkbox"/> Ankle Pain              | <input type="checkbox"/> Arm Pain            | <input type="checkbox"/> Arthritis                 | <input type="checkbox"/> Anorexia         |
| <input type="checkbox"/> Asthma               | <input type="checkbox"/> Autism                  | <input type="checkbox"/> Back Pain           | <input type="checkbox"/> Bleeding Disorders        | <input type="checkbox"/> Broken Bones     |
| <input type="checkbox"/> Bulimia              | <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Chest Pain                | <input type="checkbox"/> Concussions      |
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Dizziness               | <input type="checkbox"/> Ear Problems        | <input type="checkbox"/> Elbow Pain                | <input type="checkbox"/> Emphysema        |
| <input type="checkbox"/> Epilepsy             | <input type="checkbox"/> Eye/Vision Problems     | <input type="checkbox"/> Fainting            | <input type="checkbox"/> Fatigue                   | <input type="checkbox"/> Foot Pain        |
| <input type="checkbox"/> Fibromyalgia         | <input type="checkbox"/> Genetic Spinal Disorder | <input type="checkbox"/> Glaucoma            | <input type="checkbox"/> Goiter                    | <input type="checkbox"/> Gout             |
| <input type="checkbox"/> Hand Pain            | <input type="checkbox"/> Headache                | <input type="checkbox"/> Hearing Problems    | <input type="checkbox"/> Heart Burn                | <input type="checkbox"/> Heart Disease    |
| <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> High Blood Pressure     | <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Hip Pain                  | <input type="checkbox"/> Jaw/TMJ Pain     |
| <input type="checkbox"/> Joint Stiffness      | <input type="checkbox"/> Kidney Disease          | <input type="checkbox"/> Knee Pain           | <input type="checkbox"/> Leg Pain                  | <input type="checkbox"/> Liver Disease    |
| <input type="checkbox"/> Lung Disease         | <input type="checkbox"/> Lupus                   | <input type="checkbox"/> Menstrual Problems  | <input type="checkbox"/> Migraines                 | <input type="checkbox"/> Miscarriage      |
| <input type="checkbox"/> Mouth Problems       | <input type="checkbox"/> Multiple Sclerosis      | <input type="checkbox"/> Neck Pain           | <input type="checkbox"/> Nose Problems             | <input type="checkbox"/> Osteoporosis     |
| <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Palpitations            | <input type="checkbox"/> Parkinson's Disease | <input type="checkbox"/> Pinched Nerve             | <input type="checkbox"/> Pneumonia        |
| <input type="checkbox"/> Polio                | <input type="checkbox"/> Premature Birth         | <input type="checkbox"/> Prostate Disease    | <input type="checkbox"/> Prosthetic Limb           | <input type="checkbox"/> Psychiatric Care |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Seizures                | <input type="checkbox"/> Shoulder Pain       | <input type="checkbox"/> Significant Weight Change |   |
| <input type="checkbox"/> Sleep Apnea          | <input type="checkbox"/> Spinal Cord Injury      | <input type="checkbox"/> Stroke              | <input type="checkbox"/> Stomach Problems          | <input type="checkbox"/> Suicide Attempt  |
| <input type="checkbox"/> Thyroid Disease      | <input type="checkbox"/> Tuberculosis            | <input type="checkbox"/> Tumor               | <input type="checkbox"/> Ulcers                    | <input type="checkbox"/> Wrist Pain       |
| <input type="checkbox"/> Other _____          |  |  |  |   |

Have you been diagnosed with any of the following: spinal cancer or infection  N  Y, recent spinal fracture or dislocation  N  Y, major artery aneurysm  N  Y, bleeding disorder or anti-coagulant therapy  N  Y, vertebra-basilar insufficiency  N  Y, unstable odontoid  N  Y, acute arthropathy  N  Y. If **YES**, explain: \_\_\_\_\_

**Habits:**  Water - 8oz Glasses/day \_\_\_\_\_ **Exercise:**  None  Moderate  Daily  Heavy **Work Activity:**  Sitting  Standing  Light Labor  Heavy Labor  
 Alcohol - Drinks/week \_\_\_\_\_  Caffeinated Drinks - Cups/day \_\_\_\_\_  High Stress Level - Reason \_\_\_\_\_

**Smoking Status:** \_\_\_ Current Every day Smoker \_\_\_ Current Some Day Smoker \_\_\_ Former Smoker \_\_\_ Never Smoker

**Medications:** \_\_\_\_\_

**Medication Allergies:** \_\_\_\_\_

**Vitamins/Herbs/Minerals:** \_\_\_\_\_

**Non-Medication Allergies:**  None  Animals/Pets  Bee Stings  Chocolate  Dairy  Dust  Eggs  Dyes  Latex  Molds  Pollen  Rubber  Seasonal  Shellfish  Soaps  Gluten

**Have you had any of the following? If so, when and describe:**

Falls \_\_\_\_\_

Car Accidents \_\_\_\_\_

Work Injuries \_\_\_\_\_

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Reviewed By: \_\_\_\_\_ Date: \_\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

# Hjort Chiropractic

## **ASSIGNMENT AND RELEASE:**

I, the undersigned certify that I (or my dependent) have insurance coverage and assign directly to Hjort Chiropractic all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorized the doctor to release all information necessary to secure payment of benefits. I authorize the use of this signature on all insurance submissions.

Are you the policy holder? N \_\_\_\_\_ Y \_\_\_\_\_

If no, who is the Policy Holder: \_\_\_\_\_ Date of Birth of Policy Holder: \_\_\_\_\_

## **RELEASE OF INFORMATION:**

By signing this form, you are granting consent to Hjort Chiropractic to use and disclose your protected health information for the purposes of treatment, payment and health care operations. Our Notice of Privacy Practices provides more detailed information about how we may use and disclose this protected health information. You have a legal right to review our Notice of Privacy Practices before you sign this consent, and we encourage you to read it in full. Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by telephoning our office at **320-251-3450**. You have a right to request us to restrict how we use and disclose your protected health information for the purposes of treatment, payment or health care operations. We are not required by law to grant your request. However, if we do decide to grant your request, we are bound by our agreement. You have the right to revoke this consent in writing, except to the extent we already have used or disclosed your protected health information in reliance on your consent.

## **CONSENT FOR TREATMENT:**

I voluntarily consent to the rendering of care, including treatment and performance of diagnostic procedures. I understand that I am under the care and supervision of the attending chiropractor and it is the responsibility of the staff to carry out the instructions of such chiropractor(s).

Any procedure intended to help, may also do harm. While chiropractic examination and therapeutic procedures (e.g. spinal adjustments, ultrasound, heat, and cold application, electrotherapy, and manual therapy) are considered remarkably safe and effective, please understand that occasionally there may be adverse reactions.

Although the chances of experiencing any of these complications are extremely small, it is the practice of this chiropractic office to fully inform and educate all of our patients. These complications include, but are not limited to: pain, swelling, bruising, discoloration, inflammation, disc injury, sensory changes, bleeding, bone fracture, nausea, burns, soft tissue injury, stroke, dizziness, weakness, worsening of condition-spinal cord damage.

## **MEDICARE AND MEDICAID CONSENT TO RELEASE INFORMATION:**

I certify that the information given by me in applying for payment under Title XVIII and /or Title XI of the Social Security Act is correct. I authorize any holder of medical or other information about me, to release to the Social Security Administration or its intermediary carriers, any information needed for this or related Medicare or Medicaid claim.

I understand that there is no guarantee or warranty for a specific cure or result.

I understand that I can request further explanation regarding any and all possible risks attendant to my care.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_